



Le The Westmount TIMES online



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October 27, 2021

On-Line

EDITION 21.10



CHSLD CHATEAU WESTMOUNT HONORED



Caption: From left to right: Zara Pilian, Executive Director, Château Westmount, and Member of Parliament for Westmount – Saint-Louis Jennifer Maccarone during the presentation of the prestigious Medal of the National Assembly.

Photo credit: Yvette Cakpo Photographer

Last Friday, members of the CHSLD Château Westmount team were awarded the prestigious Medal of the National Assembly by the MNA for Westmount-Saint-Louis, Jennifer Maccarone. The Medal was given in recognition for their dedication to their residents, and their resilience under highly challenging circumstances.

During a ceremony at Château Westmount, Ms. Maccarone highlighted the spirit of solidarity among employees, the daily efforts made since the beginning of the pandemic and the affection that each team member has for the residents.

There were no cases of COVID-19 in the residence during the first wave of the pandemic.

During an outbreak which occurred in December 2020, Chateau Westmount ensured there were no service disruptions.

Beginning in March 2020, in an effort to be transparent, Château Westmount introduced various means of communication, including the publication of a blog almost every day, to

keep its residents, their family members, and employees informed and address concerns as they were raised.

Today, 100% of the staff at Château Westmount have been fully vaccinated.

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57 MELBOURNE AVE

Charming stone façade semi-detached cottage, 4 BDRM, 2 baths, garage. Walking distance to Saint-Clément school, the soon to open Mount-Royal REM station and parks.

VENDU

Charmant cottage avec façade de pierre. 4 chambres à coucher, 2 salles de bain, salle familiale, garage. Climatisation centrale. Belle cour arrière clôturée - terrasse avant et arrière. Située à distance de marche de l'école Saint-Clément, des parcs et de la nouvelle station Mont-Royal du REM.

SOLD



VENDU / SOLD



1225 ROBERT-BOURASSA #2007

Magnificent 2 bedroom condo, 20th level. Floor to ceiling windows, great view, morning sun. Locker, hard wood floors, high-end appliances, quartz counters, pool, sauna, gym.

\$2,900/M

MARCENE ALBINATI



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malbinati@royallepage.ca

NIVEAU JARDIN



VISITE LIBRE
Dimanche 24 octobre

Sanctuaire du Mont-Royal

C1-6000 Ch Deacon
Superbe condo avec balcon, terrasse et jardin.
2 chambres, 2 salles de bains. Garage.
Vue sur le boisé.

NOUVEAU



VISITE LIBRE
Dimanche 24 octobre

Sanctuaire du Mont-Royal

4B-6111 Av du Boisé
Beau condo rénové, intérieur chaleureux.
2 chambres, 2 salles de bain, garage.
Balcon privé très ensoleillé.

UNITÉ DOUBLE



VISITE LIBRE
Dimanche 24 octobre

Sanctuaire du Mont-Royal

5-KL-5955 Av Wilderton
Très belle et spacieuse unité double, 2 730 p.c.
3 +1 chambres, 2+1 salle de bains. 2 garages.
Très grand balcon. Vue sur la montagne.

ÉTAGE SUPÉRIEUR



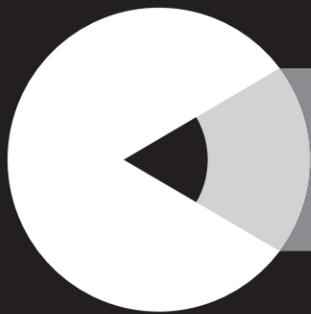
VISITE LIBRE
Dimanche 24 octobre

Sanctuaire du Mont-Royal

10M-6100 Ch Deacon
Superbe condo avec vue panoramique.
2 chambres, 2 salles de bains. 2 Garages.
Adjacent Outremont.

Because municipal services
are at the heart of our daily life

**On Sunday,
October 31
and Sunday,
November 7,
2021, from
9:30 a.m. to
8 p.m., let's vote!**



Municipal elections 2021

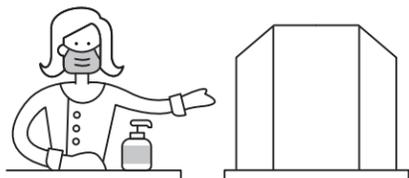


To vote, you must:

- Be entered on the list of electors.
- Be 18 years of age or older on Election Day.
- Have obtained Canadian citizenship no later than September 1, 2021.
- Not be under curatorship nor have lost your electoral rights.

Meet one of the two sets of conditions below as of September 1, 2021:

- > If your domicile is located in the municipality, you must have been living in Québec for at least six months.
- > If your domicile is not located in the municipality, you must have been the owner of a building (cottage, apartment building, etc.) or have occupied a business establishment located in the territory of the municipality for at least 12 months and must have sent the municipality either an application for entry on the list of electors or a power of attorney, in writing and within the timeframes set forth.



Where to vote?

Pay particular attention to the notices sent by your municipality; they will inform you of where you need to go to vote. Do not hesitate to contact your returning officer for full details.



What you need to bring to vote

At the polling station, you must establish your identity by showing one of the following documents:

- Your health insurance card
- Your driver's license
- Your Canadian passport
- Your Certificate of Indian Status
- Your Canadian Forces identification card

RUN AGAINST OVARIAN CANCER RAISES MORE THAN \$136,000 FOR CEDARS



Photo: Participants make their way through the start gate at the 2021 Run Against Ovarian Cancer, held by the Cedars Cancer Foundation of the McGill University Health Centre last Sunday in TMR's Danyluk Park.

Photo: Martin C. Barry

Martin C. Barry

The Annual Run Against Ovarian Cancer, held by the Cedars Cancer Foundation of the McGill University Health Centre last Sunday in TMR's Danyluk Park, attracted 375 participants and raised more than \$136,000 for the cause.

After several miserable days of cold and steady rain, the forces of nature appeared to have a change of heart, allowing the warm sun to break through the clouds by late morning for the walkers and runners taking part.

As during previous runs, there were two, five and 10-kilometre walks or runs through the tree-lined streets of TMR. Last year, because of the COVID-19 pandemic, the organizers were unable to hold an event.

Since 2021 is a municipal election year, candidates for the mayoralty and town council seats in TMR turned up either as event participants or to show their support for the cause.

Town resident Dominique Dagenais, currently in remission, and her son Maxime Joly-Smith, launched a fund to raise awareness and help diagnose ovarian and endometrial cancer in its early stages after she was diagnosed six years ago. Proceeds from the fund are directed toward Dr. Lucy Gilbert's DOvEE Project at the Cedars Cancer Foundation.

"This is a magnificent day compared to yesterday when I felt completely discouraged," Dominique Dagenais told the crowd in Danyluk Park before the start. Despite her remission, she said she remains constantly vigilant about ovarian cancer.

She said a recent cancer-related health event offset her sense of balance. However, she continues to pursue a regime of exercise with friends from TMR of all ages. "So, this keeps me in shape and I am very happy, but especially happy to see all the people here today. Please continue to support us," she said.

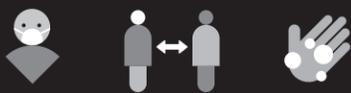
Commonly referred to as the "silent killer," ovarian cancer has few or no symptoms. Following Dominique's diagnosis, the Dagenais family's life was turned upside-down. Within weeks of being diagnosed, she undertook numerous tests, undergoing a hysterectomy in February 2015, followed by weekly chemotherapy treatments.

According to the Cedars Cancer Foundation, one out of 72 women in Canada will be affected by ovarian or endometrial cancer. Of these, 70 per cent will be diagnosed with an advanced stage of ovarian cancer (stage 3-4), reducing their chances of survival. The survival rate of a late ovarian cancer diagnosis is only 10-30 per cent. Early diagnosis of this cancer has a survival rate of 93 per cent.

Résumé

L'édition 2021 de la course contre le cancer des ovaires, organisée par la Fondation du cancer des Cèdres du Centre universitaire de santé McGill, avait lieu le dimanche 17 octobre 2021 dans le parc Danyluk.

Comme dans les années passées, des trajets de 2, 5 ou 10 km débutaient au parc Danyluk.



1-888-ELECTION (1-888-353-2846)
info@electionsquebec.qc.ca
www.electionsmunicipales.quebec



Une nouvelle œuvre d'art dans l'arrondissement Outremont



SIGNATURE JOURNALISTIQUE : VINCENT CADORETTE

Crédit photo : Olivier Bousquet

Reportée depuis 1 ans à cause de la pandémie, les Amis de la place Marcelle-Ferron ainsi que Mireille Deyglun et Sébastien Ricard, porte-paroles ont enfin pu dévoilé l'inauguration officielle de la Murale en hommage à Marcelle Ferron le 25 septembre dernier en compagnie de monsieur Pierre Arcand, député de Mont-Royal-Outremont, de monsieur Philippe Tomlinson, maire d'arrondissement, et de monsieur Jean-Sébastien Denis, créateur de l'œuvre. Le projet a été réalisé sous la direction de MU, fondé à Outremont en 2007 par Elizabeth-Ann Doyle et Emmanuelle Hébert, un organisme reconnu pour son expertise dans le domaine de la murale publique (Grand Prix du Conseil des arts de Montréal 2019).

Également, les Amis de la place Marcelle-Ferron sont, pour leur part, les initiateurs et les producteurs de ce projet financé dans le cadre de l'Entente sur le développement culturel de Montréal conclue entre la Ville de Montréal et le gouvernement du Québec. Cet organisme a bénéficié également de l'appui de l'Arrondissement d'Outremont. Une soixantaine de donatrices et de donateurs ont apporté leur contribution à cette œuvre dont la Caisse populaire des Versants du Mont-Royal.

Cette œuvre a été exécuté au cours de l'été 2020 sur le mur d'acier galvanisé du Centre Communautaire intergénérationnel (situé au 999 avenue Mc Eachran, Outremont). Ce projet d'envie faisant face aux nouveaux quartiers MIL a une surface d'environ 232 mètre carré. Vouant privilégié un vocabulaire non figuratif exprimant à la fois la continuité de son style personnel et l'esprit du travail de monsieur Ferron, monsieur Jean-Sébastien a voulu que son œuvre soit visible à tous les publics, comme il l'explique : « Par la pratique soutenue de la non-figuration qui caractérise mon travail depuis 20 ans, je porte certaines des préoccupations qui animaient Marcelle Ferron [...] Le droit à la liberté de combinaison des médiums en est un bon exemple, mais aussi le processus additif opérant lors de la construction de nos œuvres comporte des similitudes. Cette proposition fait une belle part à la lumière qui surgit de différentes manières : parfois tel un vitrail, souvent à travers la palette de couleur empruntée à Ferron [...]. Je partage avec cette grande artiste l'amour de la lumière, un dynamisme pictural assumé et [...] un aspect ludique qui rend le tout accessible ».

Pour la mémoire collective, il est important de rappeler l'importance de Marcelle Ferron tant au monde artistique que notre société d'aujourd'hui : « Au siècle dernier, Marcelle Ferron fut une peintre incontournable au Québec et son influence demeure omniprésente, a déclaré le maire d'arrondissement Philippe Tomlinson. À cet effet, elle était intéressée par les liens entre l'art, l'architecture et l'espace public. Tout au long de sa vie, elle s'orientait vers ses passions en étant tant artiste peintre que professeur tout au long de sa carrière entre 1940 à 2001. Également, membre du giron de Paul-Émile Borduas, elle a été l'une des signataires du Refus global en 1948. Malgré tout, elle est surtout connue pour elle est surtout connue pour la verrière de la station de métro Champ-de-Mars (1967).

ÉQUIPE IMMOBILIÈRE



ANDREA NEEFF



REAL ESTATE TEAM



NEW

70 Thornton Asking \$1,395,000

Great opportunity! 4 bdrm stone & brick cottage on a quiet street in a desirable location, steps to St-Clément and to the REM. Two bathrooms upstairs, hardwood floors, huge yard, garage. Those who want to take a solid home and turn it into something beautiful, will not want to miss this one!

z^z 4 3.5 3



NOUVEAU PRIX

87 Strathcona Prix 2 035 000\$

Charmante maison détachée en brique située sur un coin de rue avec terrain de 6200pc. Orientée au sud-ouest, sa fenestration offre une superbe luminosité. Cette propriété entretenue avec soin au fil des ans offre 4 cac, un grand jardin intime avec de beaux arbres matures, climatisation, garage, et +.

z^z 4 3 3



OFFER ACCEPTED

81 Dunrae Asking \$2,220,000

This elegant, centrally-located home of 4+1 bedrooms and 2+1/2 bathrooms sits on a lot of 7300 sq ft and offers a renovated kitchen & bathrooms with heated flooring as well as a spacious outdoor terrace and a heated salt water pool. Central AC, central vacuum, wine cellar, garage.

z^z 4 2.5 5



SOLD

459 Glengarry

This impeccable detached bungalow on a 8500 sq ft lot is sold fully furnished! Beautifully designed and furnished, this home offers all the conveniences of luxury living including an inground heated pool, garage, open concept living areas, A/C, central vacuum. Located less than 500m from St-Clément.

z^z 3 2.5 7



3150 Glencoe Asking \$6,000/month

Extended and fully renovated home of 4+1 bedrooms available for rent fully furnished. Beautiful and bright kitchen will delight with walk-in pantry. Gorgeous master suite with walk-in closet and enormous ensuite bath. Home automation, garage, EV charger, pool. In walking distance to the REM & rec center.

z^z 4+1 3.5 5



VENDU

3140 Av. Kirkfield

Maison de 3 cac dans une communauté en pleine croissance, très proche du REM (station Canora). Cette maison familiale chaleureuse offre des planchers de bois franc, un garage, revêtement en briques, et une grande cour avec arbres matures. Possibilité d'agrandissement.

z^z 3 1 2



Sellers' tip



Without undertaking major renovations, sellers benefit from small repairs & proper maintenance because buyers take assurance when a home is well cared-for. Replacing a weathered front door, fixing broken gutters, painting/staining the deck are good examples. A lot can be achieved doing one or two such things each month!

À Ville Mont-Royal...

Je vends

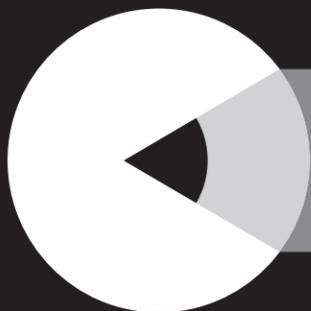


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ROYAL LEPAGE
TENDANCE

Parce que les services municipaux sont au cœur de notre quotidien.

**Les dimanches
31 octobre et
7 novembre,
de 9 h 30 à 20 h,
allons voter!**



Élections municipales 2021

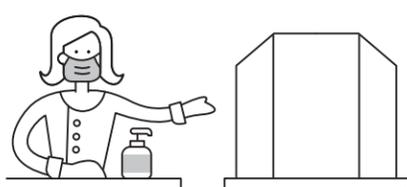


Pour voter, vous devez :

- Être inscrite ou inscrit sur la liste électorale ;
- Avoir 18 ans ou plus le jour de l'élection ;
- Avoir obtenu la citoyenneté canadienne au plus tard le 1^{er} septembre 2021 ;
- Ne pas être sous curatelle ni avoir perdu vos droits électoraux ;

Remplir l'un des deux groupes de conditions suivants au 1^{er} septembre 2021:

- > Si votre domicile est situé dans la municipalité, vous devez habiter au Québec depuis au moins six mois ;
- > Si votre domicile n'est pas situé dans la municipalité, vous devez être propriétaire d'un immeuble (chalet, immeuble à logements, etc.) ou occuper un établissement d'entreprise situé sur le territoire de la municipalité depuis au moins 12 mois et avoir transmis à la municipalité une demande d'inscription à la liste électorale ou une procuration, par écrit, dans les délais prévus.



Où voter ?

Portez une attention particulière aux communications émises par votre municipalité ; elle vous informera de l'endroit où vous devez vous rendre pour voter. N'hésitez pas à communiquer avec votre présidente ou président d'élection pour connaître tous les détails.



Ce qu'il faut apporter pour aller voter

Au bureau de vote, vous devez établir votre identité en montrant l'un des documents suivants :

- Votre carte d'assurance maladie ;
- Votre permis de conduire ;
- Votre passeport canadien ;
- Votre certificat de statut d'Indien ;
- Votre carte d'identité des Forces canadiennes.

TMR to own Royalmount walkway, while Carbonleo accepts liability



Photo: TMR has signed a protocol agreement with Royalmount mall developer Carbonleo that makes the company responsible for a pedestrian walkway over the Decarie Expressway (seen here in this architect's rendering), although the town will be the legal owner.

MARTIN C. BARRY

With Carbonleo's Royalmount project well underway in TMR's industrial park, town officials voted unanimously during the October council to approve an agreement with the company that will see Carbonleo assuming costs and liabilities for a pedestrian overpass from the de la Savane Metro station, although TMR will own the structure.

As Mayor Philippe Roy explained during the Oct. 7 public meeting, one of the conditions the town accepted when Carbonleo was given permission to begin its massive commercial development project was that there would be a physical link between the mall site west of the Decarie Expressway and the de la Savane Metro on the east side.

According to the mayor, rules and regulations established by the Quebec Ministry of Transport require TMR to be the owner of the walkway, although "we are assuming no expenses, but we remain all the same the owner," he said.

As the mayor explained, the town had to negotiate an agreement containing protocols "in order to protect our town if ever Royalmount were to close in the unknowable future, if the walkway were to have defects," he said.

"In short, it was the role of our lawyers to take into account just about all possible crises that could come up from this. And so we arrive now at the ratification of this protocol which we are approving tonight to allow Royalmount to begin construction of the walkway."

During an interview with The Post last weekend, Mayor Roy clarified some points, saying that under the terms of the agreement, Carbonleo is "going to pay for everything, they're going to manage it," and the company will be creating a standing fund in the unforeseen event that the Royalmount mall ever ceases to be, so that TMR isn't left stranded with a liability.

"If ever something happened and Royalmount closed, we would have to manage it because it's ours," he said. "So, the plan was to create this agreement where the town is really protected on all sides."

According to the mayor, the agreement takes into account all aspects of TMR's liability, possible future costs for repairing the walkway and other considerations. However, for the time being, he added, those responsibilities are Carbonleo's.

"The legal ownership is ours, but with the protocol agreement they are in charge of it, they will manage it, they have the responsibility of paying, maintaining, everything." He said the sum the company agreed to put aside to pay for any future costs amounts to tens of millions of dollars.

POUR FAIRE CONNAITRE VOTRE QUARTIER ET VOS CONCITOYENS

**INFORMATION MUNICIPALE = PARTICIPATION ÉLECTORALE
SOUTENEZ LA DÉMOCRATIE DE MONT-ROYAL**

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Faith

THANKSGIVING IS THE KEY!

Rhonda Byrne's inspirational book THE SECRET has influenced millions of people worldwide. She was inspired in her time of depression to write THE SECRET by reading Wallace Wattles' book THE SCIENCE OF GETTING RICH. There Wattles outlines key ingredients to follow in order to achieve our personal best in life and business. One of the main ingredients is GRATITUDE.

He writes: "Many people who order their lives rightly in all other ways are kept in poverty by their lack of gratitude. Having received one gift from God, they cut the wires which connect them with Him. It is easier to understand that the nearer we live to the source of wealth, the more wealth we shall receive. It is also easy to understand that a soul that is always grateful lives in closer touch with God than one who never looks to Him in thankful acknowledgement."

"When good things come to us, the more gratefully we fix our minds on the Supreme Power, the more good things we will receive - and the more rapidly they will come. The reason for this is simply that the mental attitude of gratitude draws the mind into closer touch with the source from which the blessings come. You cannot exercise much power without gratitude, because it is gratitude that keeps you connected with power."

Wattles, writing over a century ago, highlights what every religion and every motivational teacher insists is one of the key ingredients of success, both in business and in life: GRATITUDE. Canadian, Bob Proctor, is featured prominently in THE SECRET movie. Bob tells of the time some years ago when his business partner, Sandy Gallagher, asked him for advice regarding some personal problems. This is his suggestion: Everyone at some time has things that are just not going right. It seems like everything's going wrong. Life is a process of highs and lows, but if you keep your attitude right, everything's going to turn out right.

So Bob gave Sandy a pen and said, "I want you to write down 10 things in your life right now that you are thankful for. Your mind is focused on what's wrong, and the trouble that you're having. Not everything's wrong; some things are right. Sit and write 10 things that you're grateful for. What are you really grateful for?"

"Now," Bob said, "when you've finished that I want you to send LOVE to 3 people who have hurt you; 3 people you're having problems with. Send them love, even though you probably want to wish something bad for them. Here's the point. Whatever energy you put out is going to come back to you. Just send love. You are not doing this for THEIR benefit; you're doing it for YOUR benefit.

"Then," Bob said, "be quiet for 5 minutes and ask God for direction. Just be totally quiet and ask for direction. This process changed Sandy's life."

I know this may sound simplistic to many people, but I have shared this "Gratitude Process" with people across the globe, as far away as business people in China, and they have seen real benefits.

We need to genuinely understand the power of gratitude. Actor, Matthew McConaughey, made this amazing statement in a viral video:

"IT'S A SCIENTIFIC FACT THAT GRATITUDE RECIPROCATES!"

Sometimes we struggle with gratitude because we are surrounded by people who complain. Move away from such people and begin to live out the Apostle Paul's command: "IN EVERYTHING GIVE THANKS!" Remember, Paul was not some cloistered academic, but a man whose philosophy was fine tuned by the harsh realities of the hostile world. If you want success and happiness, thanksgiving is the key!

Dr. Brian M. Gazzard, a resident of the town, is a personal development consultant.
bmgazzard@hotmail.com
514-961-8317

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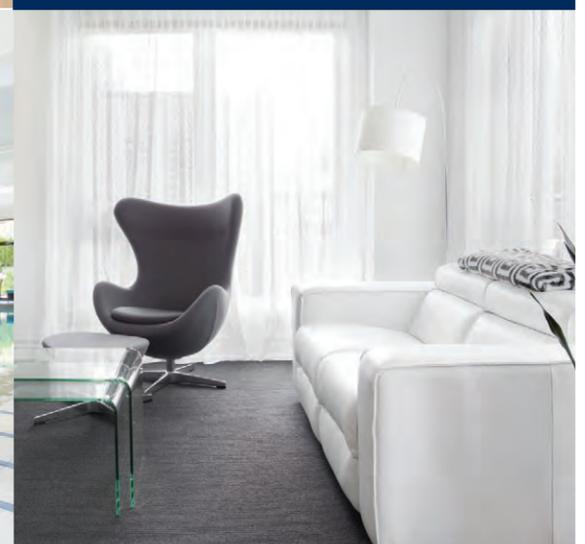
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DE MONT-ROYAL

Au service de notre communauté
Serving our community

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Get tested, even if you've been vaccinated.



If you've been exposed to COVID-19

or you have COVID-like symptoms such as:



Fever



Cough



Loss of smell or taste

Follow self-isolation guidelines and get tested.

Let's continue to protect ourselves.

[Québec.ca/testCOVID19](https://quebec.ca/testCOVID19)

Même vacciné, faites-vous dépister.



Si vous avez été en contact avec un cas de COVID-19

**ou si vous avez des symptômes s'apparentant
à ceux de la COVID-19, tels que :**



Fièvre



Toux



**Perte du goût
ou de l'odorat**

**Respectez les consignes d'isolement
et passez un test de dépistage.**

On continue de se protéger.

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NEW PRICE / NOUVEAU PRIX



57 MELBOURNE AVE

Charming stone façade semi-detached cottage, 4 BDRM, 2 baths, garage. Walking distance to Saint-Clément school, the soon to open Mount-Royal REM station and parks.

30 DAY OCC. \$1,399,000

Charmant cottage avec façade de pierre. 4 chambres à coucher, 2 salles de bain, salle familiale, garage. Climatisation centrale. Belle cour arrière clôturée - terrasse avant et arrière. Située à distance de marche de l'école Saint-Clément, des parcs et de la nouvelle station Mont-Royal du REM.

OCC. 30 JOURS. 1,399,000\$



1225 ROBERT-BOURASSA # 2007

Magnificent 2 bedroom condo on the 20th floor of the Altitude tower in the heart of downtown Montreal. Floor to ceiling windows, great view, morning sun. Locker. hard wood floors, high-end appliances, quartz counters, pool, sauna, gym.

\$2,900/M OCC. NOVEMBER, 2021

Magnifique condo de 2 chambres à coucher au 20e étage de la tour Altitude en plein coeur du centre-ville. Fenêtres pleine grandeur, orientation est, soleil du matin. Espace de stationnement (250.00\$/M de plus), casier. Planchers de bois-franc, électro-ménagers haut de gamme, comptoirs de quartz, piscine, sauna, billard et salle cinéma.

2,900\$/M OCC. NOVEMBRE, 2021

VOTRE INVESTISSEMENT, MA PRIORITÉ • YOUR INVESTMENT, MY PRIORITY



DÉSIREZ • RECHERCHEZ • HABITEZ

VENDU EN 5 JOURS



115 CH DE LA CÔTE STE CATHERINE #907

Spacieuse et lumineuse unité de coin ayant 2 CAC, 2 SDB, balcon en "L" avec vue spectaculaire.



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groupe sutton inmobilia inc

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Le vaccin est offert
sur rendez-vous dans les cliniques suivantes,
du 1er novembre au 18 décembre 2021

- Clinique de vaccination Carré Décarie
- Clinique de vaccination 7101, avenue du Parc
- CLSC de Benny Farm
- CLSC Métro

Pour prendre un rendez-vous



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FIGHT THE NEW DRUG

Dr. Valerie Voon, neuropsychiatrist at Cambridge University, a global authority on addiction, recently released her findings showing that compulsive porn users have real similarities to those addicted to drugs. In 2009 a group of college friends came together after discovering research behind how porn affects real people's lives and formed the organization "FIGHT THE NEW DRUG". This vision sparked the beginning of a worldwide movement, now millions of FIGHTERS across the globe are raising awareness about the harm of porn.

Randy Spears is the most successful male porn star of all time. In his work with "FIGHT THE NEW DRUG" he shares his story. "Back in the early eighties I went to California to pursue acting. I actually did pretty well. Then the writer's strike happened. Everything in Hollywood shut down. Nobody was working. I subsidized my income by doing modelling work.

"On one particular job the make-up artist handed me a card and said, 'If you ever want to do any nude work give this number a call and you'll make some money.' I took it knowing full well that as soon as I did anything like that I ruined my acting career. But in desperate need of money I made that phone call. And I made my first porno. I walked out of there with four crisp \$100 bills. I was thinking how easy that was. But I also remember thinking 'What have I done?'

"The allure really was, at first, money, and then, to be absolutely honest with you, I was a red-blooded young man and the idolatry really started to creep in with the sex part," Randy explained. "Women became idols to me, along with the money — and then a whole new idol, fame, and it was a triple threat at that point. I became the most popular, most decorated, male adult film star of all time. The phone never stopped ringing. The money kept getting bigger.

"I sex objects. didn't know what love was. I didn't know if I could feel love anymore. There was no emotion involved in the act of making love. What was that? Making love? I was paid money for sex. I was a prostitute. For me I had to go to work and do the porn so that I could buy the drugs to bury the pain of doing the porn. So, I'd go to work and do the porn so that I could buy the drugs to bury the pain, and around and around it went.

"Pornography changed how I thought and felt about women. I began to look at them more as sexual objects. I lost the ability to have a loving



Porn is essentially male domination of women. In porn men are verbally and physically aggressive towards women who, in turn, accept and submit to such aggression. Research shows that porn develops attitudes which trivialize sexual aggression and dehumanizes sexual behaviour. We need to understand that sex is more than mere physical eroticism of flesh stimulating flesh. There is an inescapable emotional dimension which has the capacity to degrade or affirm the human spirit.

Maria Ahlin, the founder and CEO of "CHANGING ATTITUDES", a youth based organization in Sweden, states: "We need to act now if we want to change the impact of porn. Education, through critical thinking, is one of the main strategies that equip the next generation, which then won't make them such easy targets for this new drug."

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and caring relationship. One day I left the set and got in my car and drove two blocks, pulled over and turned the car off. And I started to cry. I wanted out so bad and get off that merry-go-round. That's the last movie I ever made. I never went back. I changed my life. I began my life. You see, if I can change my heart anybody can."

It is important to understand that porn supports increasingly aggressive and violent attitudes and actions towards women. It determines how men and women understand their roles and evaluate their sexual performance. Women measure themselves and body image against the female stars, while men expect their partners to respond to them as they see women respond in the porn movies and, if they

don't, men begin to blame themselves and their performance.

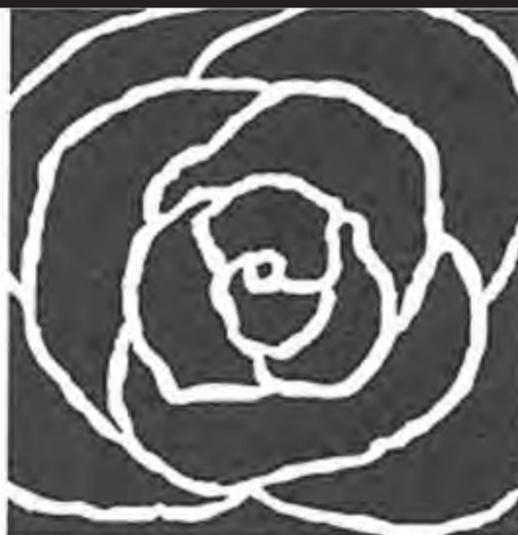
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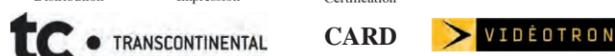
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