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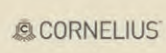
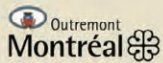
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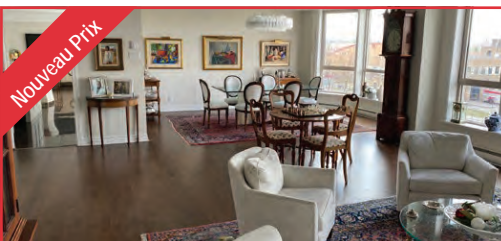
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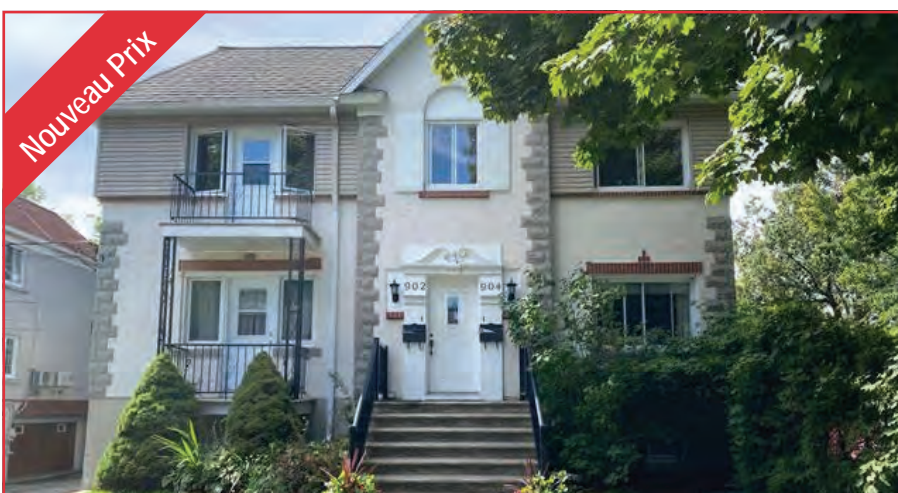
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TMR PONDERING 'PRE-CONSULTATION' ON ABANDONED BETH-EL PROPERTY



Mayor Peter Malouf told Daniel Zini (seen here) of Lanark Crescent that town officials are thinking of holding a pre-consultation meeting for nearby residents on the future of the abandoned former Congregation Beth-El property on Lucerne Road.

Photo: Martin C. Barry, TMR Poste

MARTIN C. BARRY

During question period at the Aug. 15 meeting of TMR town council, there were signs that Mayor Peter Malouf may agree to hold a "pre-consultation" meeting for nearby residents on the future of the former Congregation Beth-El building on Lucerne Road.

Saying he was speaking on behalf of neighbours living in the immediate vicinity of 1000 Lucerne Rd., Daniel Zini of Lanark Crescent said that "most of us are impacted by the project since we live on Lucerne and Lanark."

He said they had written to the town "to express our support for SAJO's revised plans for the redevelopment of the property and we urge council to put the project on a fast track."

SAJO is the TMR-based development and construction company which purchased the former synagogue property and pitched a plan to build residences there, although that idea has since been placed on hold.

Noting that it's been over four years that the building has been vacant, Zini said, "It's had negative impact. In the last two years we had to call security because of vandalism. It's just an abandoned building and it's just a negative impact on the whole street and where I live on Lanark."

He said that over the last few months, the residents had met with the developer to address their concerns and issues, "and they've been extremely helpful in helping and accommodating us wherever they can. Our issues were, of course, privacy, height, noise, green space, and they've had to revise their project a few times.

"We believe the developer which resides in TMR is the best option for this piece of land," added Zini. He asked the mayor, "What is going on? Why is it taking so long for approvals? And what are the next steps to get this thing going?"

Mayor Malouf replied, "This project itself has become a work in process at the council level. We have given feedback to the developer based on the previous presentations that they've made."

The mayor added, "We are going to have a process of having perhaps a pre-consultation so that the residents' voices that are in the contiguous properties, those voices can be directly heard by council members who may have concerns about height and densification etc.

"So, I think it's more important to hear directly from the people that are impacted," he continued. "You know, like typically if there's a project going on Lucerne and I live in the east end of TMR, it's not in my backyard. But when it's in your backyard, you want to know what the heck is going on. So, we want to respect that. We want to ensure that we get the right time of day. We want to do it in an independent way."

Résumé

Durant la période de questions à la séance du conseil municipal de VMR du 15 août, le maire Peter Malouf révélait qu'il serait peut-être d'accord pour organiser une séance « pré consultation » sur l'avenir du site de l'ancienne synagogue Beth-El sur le chemin Lucerne pour les voisins avoisinants.

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CANCER IS TESTING A TOWNIE'S RESOLVE AND PATIENCE ON MORE THAN ONE LEVEL



Anne-Marie Petrella, seen here at home with her companion dog, says her life has been disrupted on many levels by the cancer diagnosis she received the day before her birthday in February. Photo: Martin C. Barry, TMR Poste

MARTIN C. BARRY

A town resident has a word of warning for anyone who's approaching retirement without adequate protection against the unknown.

Make sure you don't get sick, she says. And if you do, be sure you have adequate means to carry you through to recovery.

Anne-Marie Petrella, in her early 60s, was diagnosed at the Jewish General Hospital with breast cancer on February 7, which was the day before her birthday.

Not qualifying for unemployment insurance, having been unemployed for part of last year, she worked an insufficient number of hours since then to receive a second full unemployment payout, and found herself stranded without adequate financial means.

As a consolation perhaps, Quebec's Régie des rentes (Retraite Québec) came through with a \$480 per month disability payment, but "that's all that I could get," Petrella said. And it's nowhere nearly enough to cover her expenses.

Although she said she always had group insurance for health coverage throughout a career that saw her working mostly in management in the clothing and apparel sector, more recently she found herself working on contract for multiple clients who did not provide group insurance.

Other health problems soon cropped up, including a gastrointestinal disorder known as diverticulitis, leaving her at times in excruciating abdominal pain. Although Petrella has only praise for the medical staff at the JGH for the excellent treatment she says she got there, she says the lack of financial support and resources for people in her position has left her feeling desperate.

"I'm falling through the cracks," she said of her financial predicament, while noting that her plan initially had been to continue working while receiving chemo, while taking a day off when getting the actual treatment.

"My doctor said, 'I don't know how you're doing it.' But I don't have a choice, you know. I'm a single mom and I need to survive financially." (Her 20-year-old son lives with her.)

Unemployed and with only her disability pension to live on, a GoFundMe page was launched for her on the web by a friend. Still, she's found herself increasingly having to dip into retirement savings just to make ends meet. And although she owns the coop apartment she's currently living in on Graham Blvd., she says it can't be sold at this time because it's transitioning from coop to condo status.

"I have to sell my car and I have to sell my jewellery," said Petrella, who owns a BMW, while noting at the same time that she doesn't qualify to receive welfare because she's a property owner. "I own property, but how am I going to keep up paying for everything that goes with the property? It's like a Catch-22: I'm stuck in a loop.

"We live in one of the richest countries in the world," she added. "I've paid my taxes. Why should I be made to suffer like this financially because I have cancer?"

Résumé

Une Monroisienne souffrante d'un cancer du sein tient à partager son expérience comme individu qui était sur le seuil de la retraite quand l'imprévu s'est manifesté.

Soyez sûrs et certains de ne pas tomber malades, dit-elle, en vous assurant d'avoir les ressources financières nécessaires pour un bon rétablissement.



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VIEW THE AUGUST 15, 2023 TOWN COUNCIL MEETING



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- Dégât d'eau à l'hôtel de ville
 - Accident tragique
 - Compensation - piscines résidentielles
 - Inondation des sous-sols
 - Centre sportif et communautaire (CSC)
 - Feux d'artifices
-
- Water Damage at Town Hall
 - Tragic Accident
 - Compensation - Residential Pools
 - Basements Flooding
 - Community and Sports Centre (CSC)
 - Fireworks Display



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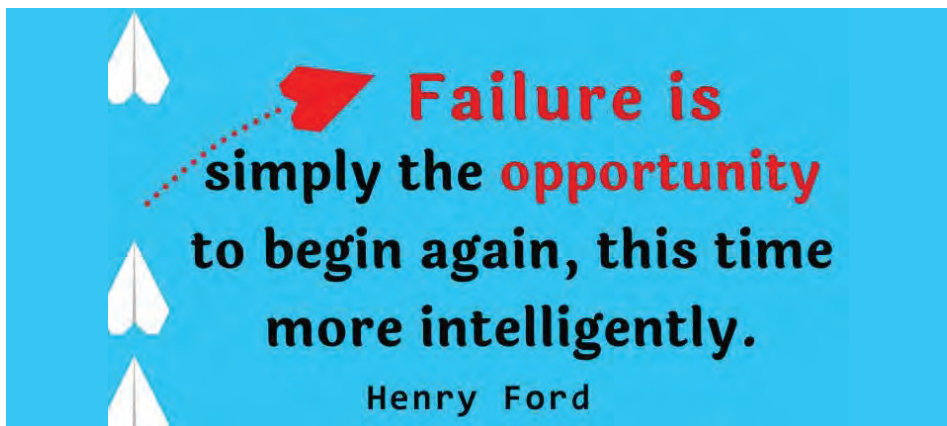
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Faith

SEE FAILURE AS FEEDBACK!



Rose Han, highly successful youthful entrepreneur, says the first habit she credits with her success was, "TREAT FAILURE AS FEEDBACK". She explains, "This is so important because most people give up after trying once; in fact most people are so afraid of failure that they don't even try at all. If you applied for something or failed, it's not because you suck but because something about your approach needs to be adjusted."

"Ray Dalio, founder of the most successful hedge fund in the world, talks about how

'PAIN + REFLECTION = PROGRESS.'

He says if you're not failing sometimes it means that your goals are not just ambitious enough. You have to fail sometimes, which is the pain part of the equation, and then you have to reflect on that pain to figure out what went wrong and ultimately do better. That is the formula for progress and success."

Rose Han recalls, "Back when I was doing job interviews in college I was applying for a very competitive position on Wall Street and I would get tons of rejections. Obviously, the rejection was depressing but, whenever I got a 'NO', I would mail the interviewer and ask, 'Why didn't you pick me?' They would straight-up tell me why I didn't make it to the next round or get the job: 'I smiled too much, I sounded immature, etc. etc.' Of course, it stings to hear stuff like that but I'd use that feedback to do better in my next interview, and after doing dozens of interviews and getting lots of feedback like this, I got really good at interviews and finally landed the sweetest job ever. Failure is just part of the process. Become someone who can fail forward and you will succeed."

A motivational coach states: "Here's a young man who wants to be a basketball player. He does what everyone with ambition and a goal does - he gets up every morning very early and practices his skill before school. He's disciplined and hard working, and puts in all the effort it would take to reach success, except he fails. He doesn't make the basketball team. And it's not the first time. He thinks, 'What's keeping me from reaching my goal although I've put everything I had into it? Am I just doomed to failure for the rest of my life?' And he falls into the depths of depression because of this.

The coach encourages the young man saying, "One thing you've got to understand is that you're supposed to fail because failure is the steppingstone to success. Failure is an experience that leads to wisdom, that ultimately makes you a stronger version of yourself. Right now you want to play basketball, but that's not in the cards for you. But you know what you discovered: how to be disciplined, how to be committed, how to deny the self so that you can move forward in the direction of your dreams. You've won in that regard.

"The failure is just a signpost that you're going in the wrong direction. You were discovering something about yourself. You're exercising your character every time you try something and move in that direction, even if you don't get the thing. It's not about basketball, or making a million dollars, it's about what you learn along the way. It's who you become along the way. You're on the journey and the journey is hard, and the journey is riddled with failure and that's why most people won't do it.

"You have failed. Congratulations. It shows that you're alive, that you did something; it shows that you're growing stronger. Now go out and fail again!"

Steve Harvey, media personality extraordinaire, states: "I have failed far more times than I've succeeded. You never succeed more than you fail. That's not how it works. Why? Because failure is a wonderful teacher. It's the only way to learn. Failure is part of the process to becoming successful. Michael Jordan, the greatest basketball player in the world, took 947 game-winning shots with no time on the clock. He only made 146 of them. He missed over 700 times, but he made 146. They only write about the shots he made. When you get through failing, failing, failing, all you got to do is make one. I've been to over 200 pitch meetings for my ideas for my pictures in Hollywood. Out of those 200 they only picked five of them, but those five ideas were hits, and they made me a star."

Here's the secret: ATTITUDE.

How we think about failure determines whether we will turn our FAILURES into FEEDBACK for future SUCCESS!

Dr. Brian M. Gazzard
Resident of Town, Personal development consultant



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Trois questions pour mieux comprendre la biénergie

Alors que le Québec cherche à réduire sa dépendance aux combustibles fossiles, comment le gaz naturel peut-il contribuer à la transition énergétique? Énergir propose à ses clients d'adopter la biénergie, une solution qui utilise le gaz naturel comme source d'appoint aux besoins de chauffage quand la demande sur le réseau électrique est à son plus fort. En voici un survol.

1. Qu'est-ce que la biénergie ?

Un système biénergie a recours à l'électricité comme source d'énergie principale, soit environ 70 % du temps. Pendant les grands froids, quand la demande énergétique est forte, le système privilégie plutôt le gaz naturel pour le chauffage, ce qui aide à diminuer la pression sur le réseau électrique.

Les clients qui adoptent la biénergie peuvent bénéficier du tarif DT du distributeur électrique, un tarif plus avantageux pourvu que le mercure demeure supérieur à -12 °C ou à -15 °C (selon la région).

2. Comment peut-on adopter la biénergie ?

Les clients résidentiels d'Énergir utilisant un système de chauffage central à gaz naturel peuvent passer à la biénergie et obtenir une subvention pour leurs nouveaux appareils électriques dans le cadre du programme Chauffez vert du gouvernement du Québec. Par exemple, le propriétaire d'une maison unifamiliale pourrait passer à la biénergie et recevoir jusqu'à 5 500 \$¹ seulement pour l'achat d'une thermopompe.

3. Comment la biénergie contribue-t-elle à la transition énergétique ?

En optimisant le chauffage des bâtiments, la biénergie permet aux ménages participants de réduire d'environ 70 % leur consommation de gaz naturel et ainsi de diminuer leurs émissions de gaz à effet de serre (GES), l'un des principaux objectifs de la lutte aux changements climatiques. La biénergie permet d'optimiser l'utilisation de deux réseaux d'énergies avec des infrastructures existantes.



Énergir et Hydro-Québec : une entente historique

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Les détails et conditions d'admissibilité sont disponibles à energir.com/bienergie-residentiel. Certaines conditions s'appliquent. L'offre vise seulement les résidences utilisant le gaz naturel pour le chauffage de l'espace. Les conditions de l'offre ainsi que les montants des subventions offertes sont modifiables sans préavis.