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22 NOVEMBRE 2023 - HEBDOMADAIRE - ÉDITION 26.44

# LE SPVM ENQUÊTE APRÈS QUE DEUX VOITURES SUR GRAHAM SONT INCENDIÉES

### MARTIN C. BARRY

Le Service de police de la Ville de Montréal (SPVM) a ouvert une enquête sur la possibilité d'un incendie d'origine criminelle survenu tard dimanche soir le 12 novembre sur le boulevard Graham dans un secteur ouest de VMR près de l'intersection de l'avenue Inverness.

Selon une relationniste média pour le SPVM, la collaboration des policiers a été demandée par le Service des incendies de Montréal vers 23 h 50. Les policiers se sont présentés sur les lieux de l'incendie, l'entrée d'une résidence.

Selon les informations recueillies par les agents sur les lieux, des engins incendiaires auraient été lancés par des suspects sur des véhicules qui étaient stationnés dans devant la résidence, et auraient ensuite pris la fuite dans un véhicule.

Malgré ces moments bouleversants, les pompiers ont constaté, une fois l'incendie éteint, que les dommages sur les deux véhicules étaient peu. Aucun suspect n'a encore été appréhendé ou identifié. Ce n'était pas la première fois qu'une voiture passait au feu sur le boulevard Graham.

En juin dernier, le SPVM répondait à un appel quand un autre véhicule, stationné devant une entrée privée d'une résidence située sur le boulevard Graham, encore près de l'avenue Inverness, a été ciblé par un incendie criminel. Dans ce dernier cas, les policiers ont récupéré sur place un bidon d'essence.



La résidence sur le boulevard Graham près de l'avenue Inverness dans le secteur ouest de Ville Mont-Royal où des pompiers du service d'incendie et des agents du SPVM se sont présentés le 12 novembre pour un incendie sur deux voitures stationnées dans l'entrée. Photo : Martin C. Barry, La Poste de VMR

### Summary

Montreal police (SPVM) are investigating a suspicious fire that was set in the Town of Mount Royal. SPVM officers received a 911

call at 11:50 p.m. Sunday Nov. 12 after the entrance to a private residence on Graham Boulevard, near Inverness Avenue, was set aflame.

According to information gathered at the scene, the suspects threw incendiary devices

at vehicles parked in the driveway of the residence before fleeing in a vehicle, said a spokesperson for the Service de police de la Ville de Montréal. Damage to the vehicles was reported to be minor.

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# **INFO FLASH**

VILLE DE MONT-ROYAL TOWN OF MOUNT ROYAL

	SALON DES ARTISANS 2023	CRAFT FAIR 2023	
	Les 24 et 25 novembre 2023, venez découvrir des artistes et leurs créations à la salle Schofield de l'hôtel de ville (90, avenue Roosevelt). Entrée gratuite. 514 734-2928	November 24 and 25, 2023, come and discover artists and their creations at Town Hall (90 Roosevelt Avenue), in Schofield Hall. Free admission. 514 734-2928	
	CONCERT DE NOËL (2023) CHOEUR WALTER	CHRISTMAS CONCERT (2023) WALTER CHOIR	
	Vendredi le 24 novembre prochain, c'est l'OBNL Choeur Walter qui sera en charge du concert de Noël pour l'année 2023 à la Ville de Mont-Royal.Pour plus d'informations et pour acheter vos billets :	On Friday November 24, the non-profit organization Choeur Walter (Walter Choir) will be in charge of the Town of Mount Royal's Christmas concert for the year 2023. For tickets and information:	
	https://www.ville.mont-royal.qc.ca/fr/node/13010	https://www.ville.mont-royal.qc.ca/en/node/13011	
	COLLECTE DE FEUILLES MORTES	FALL LEAF COLLECTION	
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	Renseignements : 514 734-4123	Information: 514 734-4123	
	LE PÈRE NOËL ARRIVE À VMR!	SANTA IS COMING TO TMR!	
	Le samedi 16 décembre, dès 9 h, le Père Noël arrive à l'hôtel de ville de Mont-Royal, à la salle Schofield (90, avenue Roosevelt).	On Saturday, December 16, starting at 9:00, Santa will arrive at the Town Hall, in Schofield Hall.	
	Un délicieux petit-déjeuner sera servi. Chaque enfant recevra une photo prise en compagnie du Père Noël ainsi qu'un petit souvenir.	A delicious breakfast will be served. Each child will receive a souvenir picture with Santa as well as a small memento.	
	SPECTACLE POUR ENFANTS : LE GRAND BAL DE NOËL	CHILDREN'S SHOW: LE GRAND BAL DE NOËL	
	Le dimanche 3 décembre 2023, ne manquez pas le spectacle familial de Noël avec Jeunesses musicales Canada (www.jmcanada.ca) à l'hôtel de Ville de Mont-Royal.	On Sunday, December 3, 2023, don't miss the family Christmas show with Jeunesses musicales Canada (www.jmcanada.ca) at the Mount Royal Town Hall.	
	L'événement est gratuit et la représentation sera en français seulement.	The event is free and the performance will be in French only.	
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	www.ville.mont-royal.qc.ca/fr/loisirs	www.ville.mont-royal.qc.ca/en/recreation	
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VILLE DE TOWN OF MOUNT ROYAL

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# IN A WORLD WITHOUT FISH, 'BY2048' ASPIRES TO MEET GROWING SEAFOOD DEMAND

#### MARTIN C. BARRY

A young and enterprising Town of Mount Royal resident with rising environmental concerns is getting in on the ground floor in a business that aims to meet consumer demand for seafood in a world where some believe the oceans will run out of fish in the next 25 years.

Driven by an alarming study predicting that the oceans are set to run out of fish by the year 2048, Arthur Schiller launched his company, BY2048, around 18 months ago with a mission to make plant-based seafood while protecting the ocean and its ecosystems.

The company, whose production facilities are based on Dalton Rd. in TMR's industrial park, was mostly self-funded, said Schiller who spoke with the TMR Post last week while he was hosting a booth at the annual Association Restauration Québec restaurant and food industry trade show at the Marché Bonsecours in Old Montreal.

The company maintains that it only uses high-quality and allnatural ingredients to create plant-based seafood alternatives that all ocean lovers can enjoy.

For example, their plant-based smoked salmon is made with fresh organic carrots and boasts just five simple ingredients that consumers know and recognize. They suggest it can be used anywhere you would use smoked salmon, as the texture and



Brittany Ave. resident Arthur Schiller, founder and CEO of By2048 which produces alternative seafood products, is seen here last week at the annual Association Restauration Québec restaurant and food industry trade show at the Marché Bonsecours in Old Montreal.

Photo: Martin C. Barry, TMR Poste

flavour have been made to mimic smoked salmon. One of the manufacturing steps, according to Schiller, removes as much of the carrot flavour as possible from the final product while imparting to it a taste resembling the real thing.

He said they started BY2048 because of a love for the sea and a desire to protect it for future generations, while noting that commercial fishing kills 120 billion fish each year, as well as hundreds of thousands of other sea creatures that get caught in nets and hooks like turtles, dolphins, and small whales.

He said the goal is to give the oceans a chance to heal by gradually helping to shift consumers to plant-based alternatives. "Our oceans are facing a lot of different challenges," said the Brittany Ave. resident.

While most experts agree that overfishing is a serious issue, Schiller holds to the view (popularized by the 2021 Netflix documentary Seaspiracy), that all the world's fish will have disappeared by the end of the next quarter-century.

"That what inspires our company," he said, while adding that By2048 feels so dedicated to the goal that they donate 5 per cent of profits to charities working towards ocean conservation.

#### Résumé

Motivé par une étude alarmante prédisant que les océans seront à court de poissons d'ici l'année 2048, un résident de VMR a décidé de lancer sa compagnie, BY2048, avec la mission de créer des alternatives aux fruits de mer à base de plantes afin de protéger les océans et leurs écosystèmes.



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# TMREHL'S REIGNING CAPITALS EASILY OUTDISTANCE THE FALTERING JETS



Jets goaltender Robert Materassi sits dejected after Capitals No. 7 Vincent Bédard scored this unassisted goal in the last half-minute or so of the second period during the Town of Mount Royal Executive Hockey League match last Wednesday evening at the town arena.

### MARTIN C. BARRY

The TMR Executive Hockey League's firstplace Capitals easily outpaced the Jets in a match Wednesday night last week, suggesting it may be about time the last-place Jets started jostling for some player trades to help make up for the 8 to 10-point lag separating them from the four other clubs.

Just before last Sunday night's Executive League matches at the town arena, the Capitals had managed to outpace the previously firstplace Royals to seize the number one spot with 19 overall points.

With an even 16 games played by all concerned at this stage of the season, the Royals were just one point behind, with the Senators at 17 points each, and the Jets far behind with just nine points.

As a sign perhaps that the Capitals were playing harder than the Jets, the only penalties in the match went to Capitals No. 9 right wingman Arthur Wang and his teammate, No. 19 Capitals captain Nicolas Gagnon-Oosterwaal (whose brother, Mathieu, was playing for the Jets last Wednesday night).

The first period started out in a more promising way for the Jets, who initially gave back to the Capitals everything that was dished out.

Although Renaud Tilquin of the Caps opened the scoring at 04:02 with assistance from his defensive teammate David Cloutier, a little over two minutes later Jets No. 9 Terry Tsarouhas replied to even the score at 1-1. He got the best of Caps goalie Matthew Maxham, with help from Anthony Gifuni and Mathieu Gagnon-Oosterwaal.

The second period belonged entirely to the

#### Photo: Martin C. Barry, TMR Poste

Caps. At a minute and 10 seconds into play, Renaud Tilquin scored his second goal of the night, assisted by Capitals veteran forward Marcel Martin and Nicolas Gagnon-Oosterwaal. At 08:44, Tilquin came through a third time (undoubtedly making him the "star" of the game if the TMREHL had such a designation), assisted again by Nicolas Gagnon-Oosterwaal with David Cloutier. Then with 31 seconds of clock time left in the second period, Caps centre Vincent Bédard single-handedly landed the puck in the basket behind Jets netminder Robert Materassi (who is in his first full season with the Jets).

The Jets finally woke from their second period slumber six minutes and 18 seconds into the final third of the match. That's when Mathieu Gagnon-Oosterwaal offered a glimmer of light that he and his teammates might be able to catch up, scoring with assistance from Laurent Masonauve and Anthony Gifuni to make the tally 4-2 for the Jets.

However, that was the last that would be heard from the boys in jet blue for the night. At 11:36, the Capitals' Marcel Martin all but snuffed out their rivals' hopes when he scored the evening's last point with help from Nicolas Gagnon-Oosterwaal for a final score of 5-2 for the Caps.

#### Résumé

Les Capitals de la Ligue exécutive de hockey de Ville Mont-Royal ont facilement défait les Jets mercredi soir dernier à l'aréna municipal de VMR dans un match qui servirait peut-être à justifier un échange de joueurs pour les Jets qui sont actuellement en dernière place.

ROYAL LEPAGE

TENDANCE

Bonjour à tous nos citoyens, visiteurs et lecteurs occasionnels; ci-bas est la liste courante des points de dépôts publics ou vous pouvez trouver La Poste de VMR.

Boul. Graham Bibliothèque Municipale #1967 Hello to all our citizens, visitors and occasional readers; here beneath is the current list of public deposit points where you can find The TMR Poste.

> Av. Roosevelt Hôtel de ville #90

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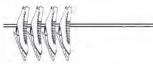
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### Controversy in Town of Mount Royal - part-1

# TMR POSTE EDITOR IS ACCUSED OF SEXISM AND MYSOGINY DUE TO PUBLISHING A TEXT OFFERED BY DR GAZZARD



Club de Patinage Artistique de Ville Mont-Royal Town of Mount Royal Figure Skating Club C.P. 33, Ville Mont-Royal, QC H3P 3B8 info@tmrfsc.org / www.tmrfsc.org

Nov 12, 2023

Pascal Richard President and Editor - TMR Post Siège social : #1– 1400 rue Ouimet St-Laurent, QC H4L3R1

#### Dear Mr. Richard,

In the Nov 8th 2023 edition of the TMR Post, an article was published entitled "HOW TO GET ANY MAN YOU WANT" (in English only) which sought to coach women to serve men's needs in order to secure a "high value man" for marriage.

We, the TMR Figure Skating Club Board of Directors, strongly believe the article is overtly sexist and should not have been permitted to be published in the TMR Post. Below are but a few of the quotes that our community (including our sons & daughters) found offensive:

"Women are the gate-keepers of sex, while men are the gate-keepers of commitment."

"What you have to understand is that service is the pathway into that man's life and is the value you provide."

"Your best bet in getting your needs met by a high value man is while you are serving his needs! Women don't have to do these things, but these things work!"

"You have to earn your place into men's lives just as men have to earn their sexual opportunities."

"The main thing tripping women up is: PRIDE!"

This article puts the woman below the man in a relationship rather than as an equal. How is it possible that this article was approved by you, the editor? Do you believe that the equality enshrined in Canada and Quebec's charters of rights does not include equality between the sexes? Or perhaps you believe that sexist views which place a woman below a man are political in nature and are entitled to a voice? Not in Quebec or in Canada, Mr. Richard. An apology and a retraction are needed immediately.

The bigger story here is the silence from our elected leaders who have decided not to take a stand against sexist content while continuing to provide financial support to the TMR Post through advertising. Their refusal to speak out or take action is a tacit endorsement of the "right" to spread sexism.

Their response would surely be different if the words "women" and "men" were replaced with "blacks" and "whites", "Muslims" and "Christians" or "immigrants" and "citizens". Our elected leaders seem to have forgotten that sexism is not political speech or opinion. It's just wrong.

Sexist views like those of the author will always exist. That's precisely why we have a charter of rights and freedoms which they have been elected to defend. The failure of our elected leaders to act has nothing to do with their political affiliation. It's simply a failure to lead.

As the Board of Directors for TMR's largest sports club for children, we cannot stay silent. We feel it is paramount to remind all our members, our families, and the entire community we serve that we live in a place that protects the equality of everyone, and that no person should serve another. As a special message to the 450+ children at the TMRFSC, never forget that there is no limit to who you can become or what you can accomplish. We're very proud of you and we believe in you all!

Sincerely,

TMR Figure Skating Club Board of Directors

- Joséane Chrétien President
- Jenn Lin Vice-President
- Daniel Labute Secretary
- Roshanak Charghi Director
- Marie Denux Director
- Monica Valenza DirectorZoe Lodge Coach Representative

#### Dear Mr. Richard,

On behalf of the TMR Figure Skating Club Board of Directors (CC'ed here), I would like to submit the attached letter to the editor in response to the sexist content posted in the TMR Post on November 8th, 2023.

We have been in communication with members of all 3 levels of government who financially support your newspaper, and we have been informed by Mr. Housefather that he asked that you publish our letter. He also told us that you would publish a statement that the opinions of the author do not represent the views of the TMR Post ... which we find to be inadequate given the nature of the content.

We feel our message is direct but appropriate, and would appreciate it if you could publish this in the next edition of the TMR Post. We will be continuing to press our elected officials for action in the meantime.

Thank you,

Daniel Labute Secretary / Secrétaire TMR Figure Skating Club / Club de Patinage Artistique de VMR <u>labuted@tmrfsc.org</u>

Mon 2023-11-13

Mon 2023-11-13

Stele Medias Inc The TMR Poste Pascal Richard, editor 514-570-1855 redaction@stele-medias.com

Without prejudices,

To whom it may concern within The TMR Figure Skating Club Board of Directors

I have received your written message and will schedule a place for it in the November 22nd edition as the Nov 15th has already gone to press as of 4:00pm on Sunday.

I understand your concerns as I actually share them, but this is the first time in close to seven years of contributions that Dr Gazzard's text has generated such furor, or deserved it.

In previous years I had gotten only three comments about his texts, and all were positive. This week alone five complaints have arrived and I don't doubt more are on the way.

His writings are usually more tame, but he has unfortunately chosen to enter what passes for the mainstream of American Christianity these days, instead of staying in the Canadian version.

Given the multiple complaints I have received inside of one week, I will now be forced to reevaluate the situation and remove him from the lineup if he continues this way.

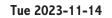
I will also try to have him write an apology to the TMR community but won't hold my breath for it, since priests aren't in the habit of backing down from the sermons they wrote.

I will ask -politely- that you stop your harassment campaign to scare away our advertisers, especially since you got the effect you wanted.

Should you continue to attack the TMR Poste or me directly, I will take the requisite means to defend my company and my personal integrity, in any public forum necessary for it to be effective.

#### PR 2023-11-13

Hello Mr. Richard,



Thank you for agreeing to publish the letter given the circumstances, and for the context of the author. It's appreciated.

We must however object to the characterization of our actions as a "harassment campaign" or as an "attack" on the TMR post (or you). Contacting our elected representatives to take action over an article that promoted sexist content in a newspaper they support financially (with our taxpayer dollars) is entirely appropriate.

It is also entirely appropriate to question the editor of said newspaper for publishing the article at all. The point in our letter about sexism being incorrectly treated as protected political speech or opinion is on point, and remains partly unanswered. The "furor" received about the article is a consequence of the editor's decision to publish it.

Allow me to be clear: We are not asking for or expecting an apology from the author. Our goal is to stop our publiclyfunded newspaper from publishing content that promotes discrimination. It's not clear that we have fully achieved that goal here, and we look forward to the actions of our elected officials and of our local newspapers to address this matter.

Sincerely, Daniel Labute
Stele Médias Inc • TMR Poste 26.44 • 22 Novembre 2023

Controversy in Town of Mount Royal - part-2

# TMR POSTE EDITOR EXPOSES CAMPAIGN OF HARRASSMENT AGAINST FREEDOM OF EXPRESSION AND FREE PRESS

De : Ada <<u>ada.santavy@gmail.com</u>> Envoyé : 12 novembre 2023 12:05 À : <u>administration@stele-medias.com</u> Objet : Letter to the Editor - "How to get any man you want"

Dear Mr. Richard,

I write to you to express my concerns about last edition's "Faith" article, which deals more with the approval of misogyny than any sort of faith, "How to get any man you want" by Brian Gazzard. This is an article whose author has decided that turning the clock back on more than half a century of feminism is the right way to go. "PRIDE! [...] That indignant voice that lies to you and says: 'I shouldn't have to do that! [...] This isn't the 1950's.[...]' Your best bet in getting your needs met by a high value man is while you are serving his needs!"

What you have published, sir, is an Andrew Tate-esque article that puts men on a pedestal, tells women to become some sort of tool, and resembles a podcast episode narrated by some sad, jilted man. "What you have to understand is that service is the pathway into that man's life and is the value you provide." This sounds like a cult brochure. How would you feel about telling a group of high school girls this? What will you say to those of the next generation who read your newspaper?

Shame on you, sir. You are an editor whose readers trust you to provide insightful and intelligent texts. This article is nothing of the sort. I hope that the next edition of the TMR Post will contain an apology.

Regards, Ada Santavy

De : A Lin <<u>linsantavy@gmail.com</u>> Envoyé : 11 novembre 2023 21:52 À : <u>administration@stele-medias.com</u> Objet : Commentary on article "How to get any man you want," by Brian M. Gazzard

Attn: Editor: Pascal Richard

Dear Mr. Richard,

I have been a long time reader of the TMR Post, including Dr. Gazzard's columns. It was with incredulity that I read his most recent article published in the November 8th issue of the newspaper, and I am writing to tell you that I feel you failed in your editor's role in allowing this article to be printed.

First and foremost, the content is anachronistic, biased, and an affront to women, and also to men, on many levels, not to mention just plainly terrible advice. Second, it is not an article about faith, and not even an expression of Gazzard's own thoughts, but a summary of a video by one Dr. Orion Taraban, and therefore inappropriate to the format of the column -- although the writing of this article suggests that Gazzard agrees perfectly with Taraban's crackpot relationship theories. Thirdly, articles that the TMR Post publishes implicitly represent the moral values of the newspaper, in this case, greatly to its detriment. The litmus test is whether, if you change the words "man" and "woman" to "Christian" and "Muslim" or "Jew", you would still have allowed this article to be published. My guess is not.

This last makes me sad and angry at the same time. It is 2023, yet articles that overtly express that a woman's place is subservient to men and that declare that women only have value as helpers to men can still appear in respectable newspapers without the editor batting an eye.

I believe it is your duty as editor to print an apology on behalf of the newspaper to its readership for allowing the article in question to be published. You should also seriously consider removing Dr. Gazzard from your list of writers; imagine if he had written the article in terms of Christians and Jews or Muslims. Would you still keep him on your roster?

If you still cannot bring yourself to do what I feel is incumbent upon you as editor, then please print this letter in its entirety in your next issue.

Thank you for your attention.

Sincerely,

Anna Lin, Resident of Town of Mount Royal since 21 years.

PASCAL RICHARD, EDITOR REDACTION@STELE-MEDIAS.COM

It is rare that I take up my pen to write about personal subjects, but the events of the last two weeks have forced me to enact a public reaction against the scurrilous accusations levied against me by a small clique of hypervocal hack-tivists in TMR.

I will refer you to page 6, letter of the TMR Figure Skating Club.

The board members have sent me a message filled with gross accusations, written in the tone well loved by those who claim to have a position of superior moral righteousness.

They accuse me of fomenting sexism and mysoginy in Town, for the simple act of having published a text from a long-time collaborator, who started writing when Tristan Roy was owner, before the 2020 Pandemic struck.

As a matter of course, any newspaper publisher or editor will print things that they don't agree with, because the job entails having contributors from diverse origins and opinions to serve multiple clientèles adequately.

By the same mechanism, elected officials are beholden to a pluralist voting basin, and thusly must also deal with and let pass a lot of things that are unsavory, or against their personal principles, due to the Charter of Rights. And when they try to force a return to civility in popular discourse they are quickly branded as 'fascist pigs' or 'religious fanatics' without regard for the correctness of their decisions.

The TVA news network revealed last week that 741 municipal elected persons across Québec had abandoned their positions since the 2021 election. In this climate of aggressivity and hypervocal groups who accuse everybody of anything just to get a few seconds of notoriety, is it a surprise?

What the TMR-FSC has done is the exact same thing. They took a minuscule ordinary fact of mediatic activity, distorting it until no one sane could connect it with the events that had truly occurred.

Yes, the text from Dr Gazzard is religious and of a socially conservative viewpoint. Last I checked, neither Christianity nor conservatism are outlawed in Canada or Québec, to the point that both movements are represented legally at the federal and provincial levels by 26.44 • 22 Novembre 2023 several registered parties of all shades. I would wager that municiapl officials also have such principles and beliefs, as it is LEGAL.

Therefore, when the TMR-FSC affirms, in their two sanctimonious emails shown on page 6, that this type of religious and political view should not be published at all, especially in a newspaper that receives public funds, they are clearly and publicly LYING and preaching against the freedoms of others in the Canadian community.

You will also note in their second message how guickly they are invoking the Freedom of Speech rights to proffer baseless accusations at me and the elected officials who support the newspaper as a reliable method to keep the population informed of events in Town. They also use these rights to shield their lies from legal retaliation, all the while attempting to make us believe that the medias and officials they harrass are not protected by those rights when they clearly are, as ALL Canadian citizens are covered by the Charter without any question or exception. This is clearly harrassment and an attempt to intimidate us by conning us into thinking we are exposed, and defenseless, before their great and mighty superior morality.

Except that, you can't invoke Freedom for yourself while shrieking for the denial of these same rights on the basis that you don't agree with the words, or that you feel de-powered by said opposing speech. The Charter was made to guarantee equal consideration under the **WRITTEN LAWS** for everybody, not just those people that the hack-tivists or the ultra-rich churches want to hear.

As a further point, I guide you to the two emails that are left of this editorial, sent in the same period as the TMR-FSC messages.

You will note in the sender's bar the identities; Anna Lin is actually Anna Lin Satavy, related by family to Jenn Lin on the FSC board, and to Ada Santavy who sent the other email.

One has to wonder whom exactly decided for the FSC members, and under what logic, that they should initiate this process. Was it a complaint from the board itself and family tagged-on, or was it the other way? Mommy or grandmum complaints and Jenn Lin then uses her position to amp-up a manufactured crisis?

Followed on Page 8

### Controversy in Town of Mount Royal - part-3

# TMR POSTE EDITOR EXPOSES CAMPAIGN OF HARRASSMENT AGAINST FREEDOM OF EXPRESSION AND FREE PRESS

#### **Continued from page 7**

Ada Satavy's letter compares me to the philanderer and fanatical masculinist Andrew Tate who is under arrest for prostitution of young girls in a European country, and invects me to be ashamed. Since she is assigning me guilt for the acts of others, and that such acts are both legal & protected under the Charter, I would posit that she is the one who should apologize to me.

Anna Lin - Satavy accuses me of being obtuse, of willful blindness to the evils perpetrated in Dr Gazzard's chronicle, and also like all apostles of the Wokistan ideology, being a racist. Her claims that I would never allow the printing of any text hurtful to christians, jews or muslims are clearly disconnected from Reality. I have been a virulent atheist since age five, and have had friends of many ethnic groups in my fifty-one years of life. But my job and the laws oblige me to tolerate how others live and see the world, with

This brings me to my most salient point; not a single one of these people have ever spoken to me directly, personally or professionally, before sending me their heinous emails and pushed the TMRFSC into following suit. All 9 persons are throwing around vitriolic attacks on a man they have NEVER had any relations or contact with in my 21 years at the TMR Poste.

How can they **HONESTLY** claim to know me enough to make such judgements, let alone cast accusations and demands of shame upon me?

#### THE REALITY OF WHAT HAPPENED

Dr Gazzard's text was used as transparent excuse to manufacture furor, generate moral panic and push wild accusations of sexism, mysoginy and social regressism by a group of self-promoting hack-tivists. Then they aimed these weaponized exaggerations at me, my company, the elected officials and bureaucrats of TMR, the provincial and federal officials, and multiple civilian advertisers.

All this shitstorm from just 7 people who all work in the same organisation, and 2 close relatives, all forming a clique of hypervocal hack-tivists trying to get undue societal influence in exchange for quieting the moral panic they instigated. Basically, a classic mafia shake-down; "obey or have an accident".

9 hack-tivists screaming bloody murder, out of 10,700 addresses that get the newspaper that didn't react, because **NOTHING WRONG** happened under the existing laws.

It just too bad for the FSC board that the Charter of Freedoms and Rights applies to all of the people they spuriously accused, along with our collaborators and clients. We have legal protections for our speech and deeply held beliefs as well. And the laws on the Freedom of the Indepedent Press go back through more than 150 years of Canadian jurisprudence, and all the way deeper in England and France who were our founding nations.

Ooops? I guess they forgot that, in their pressing crusade to discredit me and my partners before we could defend ourselves with genuine facts instead of rabid emoting.

I know that the residents of TMR will see through this curtain of lies and realize the actual truth. They are mature enough to do it without being held by the hand, despite all the claims to the contrary by self-styled well-thinkers.

And, in the end of things, if you don't like the contents, change page or channel, or don't open the media at all. I was taught that as a kid, and it's still the best solution for all today.

# THE WAY TO A VITAL RELATIONSHIP

I recently shared the controversial opinion of psychologist, Dr. Orion Taraban, on how to marry a "celebrity man". I mentioned in the article I expected there would be skepticism and criticism of his position. I was not disappointed! I completely understand the criticisms of Taraban's position and, personally, I agree with some of them. Taraban was pointing to a very specific relationship with a "high-value/ celebrity man".

In dispelling misunderstandings the point is: how do men and women establish a vital relationship? Even the most casual examination of the modern dating scene will reveal the chaos, pain, and frustration as men and women seek to find a partner who will fulfill and enhance their lives.

One of the enormous challenges in relationship building is how disconnected we are as individuals. Previous ways of connecting, through shared activities and institutions, have diminished and the ever present power of social media has taken over. The internet has become a place where so many negative human emotions are displayed and where it seems anger and bitterness reign supreme; where loneliness skyrockets and self-worth is determined by the number of "friends" we

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Sadia Khan, relationship psychologist, states, "We're not designed for the level of exposure to human beings that we're being exposed to in this current climate. We have social media, internet, dating apps, webcam girls and boys, and pornography. We have such an exposure to humans that we've never been prepared for. So, when it comes to relationships what it's done is enable people to crave connections but have no idea of where to start or how to connect."

She says, "The point of a relationship is to create shared meaning and purpose. Throughout history that's always been to create a family, but it doesn't have to primarily be a family. Shared meaning can be in the form of a business or shared extended family, through brothers, sisters and others. Relationships which lack a shared meaning and purpose tend to end up drifting apart."

The process of building a vital relationship starts with answering these key guestions:

Who am I? What is my purpose in life? Who will best help me to achieve it? This is not expecting the other person to make us happy but rather choosing a partner who will complete our values and goals? There are many things which will distract us away from answering these questions and we need to be singleminded and vigilant in finding the right answers for our lives. Unless we answer these questions positively we will never be able to enter into a creative, vital relationship.

These are critical questions to ask and answer, but the challenging transition in a vital relationship comes when we have to shift from the pronoun "I" to the pronoun "WE". Without that shift, in both consciousness and practice, the vital relationship cannot be created. Such vitality comes from shared values and visions. Learn early that vital relationships are not 50/50%, but 100/100%. In that complete equality of partnership is found fulfillment and joy.

International relationship therapist, Esther Perel, says to those people who think they can change their partner's attitudes and behavior after marriage "When you get married you're not just making a deal with your partner, you're making a secret deal with yourself that this will

Who am I? What is my purpose in life? Who will best help me to achieve it? This is not expecting the other person to make us happy but rather choosing a partner who will complete

> "If you don't want children, don't go into the relationship in the hope that the other will change their mind. If you want to marry and other doesn't want to marry, listen to yourself. These are values that involve life decisions and don't expect the other will agree with your unspoken expectations. Be aware of the tensions that come when the other doesn't share your values. There's a need to accept that your choices may not be your partner's choices. ..Listen to the values of the other person and not hope to change them."

> Polonius' words, in Shakespeare's play Hamlet, are appropriate: "To thine own self be true, and it must follow, as the night the day, thou canst not then be false to any man."

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Radio-canada présente

# Salon du livre de Montréal

au Palais des congrès

# Fouad Sahyoun

Jeudi 23 nov. | 18h-19h



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